



PROBUS Club of Guelph & District

Our Strength is Fellowship, Our Success is Participation

<https://www.probusguelph.ca>

NEWSLETTER APRIL 2022

We invite you to join our Monthly PROBUS program in person at The Arboretum **or** via Zoom on Thursday, April 14, at 10:30 a.m. Please refer to the Webmaster Committee section of the newsletter for Zoom login details.

Our speaker will be Victoria Peters from the Community Mental Health Association.

President's Message

Another month another format. We all share the conundrum of needing to be safe and wanting social activities. Our goal as a club is to meet in person on the safest possible basis. For April that means a hybrid meeting with those attending in person wearing masks except for the short time when they are having their coffee and cookies. In addition to table seating, we will have an area of separate chairs for those that feel more comfortable maintaining social distancing during the meeting, For those not ready to come in person the meeting will be available via Zoom. Hopefully this will give all our members a choice that works for their specific concerns.

Recently I attended a Zoom meeting of PROBUS club presidents in District 4. I feel it's important to share what I learned because it puts the performance of our club into the proper perspective. So expect a separate newsletter from me on this subject next week. In the meantime, stay safe, consider getting that fourth shot and come to PROBUS in whichever way works best for you.

Fred Dawkins
probusguelph133@gmail.com

Membership Committee

PROBUS Club of Guelph and District membership remains at 156 members. Please share my email with a friend who would enjoy all the community and connection that PROBUS brings.

Jacquie Geall Seabrook
probusmembership@gmail.com

Program Committee

Our speaker for April 14 is Victoria Peters with a presentation on "Senior's Mental Well Being and COVID". Victoria Peters is the Manager for Seniors Services with the Canadian Mental Health Association, Waterloo Wellington. She holds a Master of Social Work degree from Wilfrid Laurier University and is a registered social worker. In the past, Victoria has provided leadership to CMHA WW's IMPACT and Here 24/7 crisis teams. She is an experienced social worker in the field of geriatrics, having worked in both acute care and community care. Victoria also spent over a decade as a police and detective constable working with the Toronto Police Service. She has more than twenty years' of combined experience in the helping field and is passionate about working within the older adult/geriatric system.

Our March presenter, Dr. Charlene Pauls, provided an entertaining and very interesting presentation. Dr. Pauls in-depth musical background contributed to a really enjoyable presentation. She was introduced by Phyllis Lappan and thanked by Steven Hendrikson.

Kathy Stephens
probusquelph133@gmail.com

Activities Committee

LET'S DO LUNCH – following our monthly meeting on Thursday, April 14, we are planning to head to Borealis Grille & Bar, 1388 Gordon St., for lunch. Our reservation is at 12:00 noon. Please contact Linda Denny or Lenore Ralph. This is a drive yourself/or arrange to carpool with a friend event. Order whatever you wish from the menu. Everything is good at Borealis! We look forward to good conversation, seeing old friends, and meeting new ones!

EXCITING NEWS TO THINK ABOUT: Remember those Interests Groups we used to go to before the dreaded Covid. We want you to know, they are returning in September!!! For our old members (not referring to age) and our many new members, these groups are a wonderful way to become involved with others over a shared interest or activity. If one or more groups spark your interest, just contact the Co-Ordinator noted below to add your name to her contact list. The Co-Ordinator of the Group you expressed an interest in will contact you on a regular basis with information involving your Club. As well, at all our in-person meetings at The Arboretum, Linda, Lenore and/or myself will be at the Activities Committee Table to sign you up and answer questions.

BRIDGE CLUB: Eleanor Shuh ebshuh@rogers.com 519 763 4339

EUCHRE CLUB: Kathy Stephen kathyrobertstephens@gmail.com 519 836 9665

THE GATHERING: Catharine Collins collpac87@gamil.com 519 823 9767

NEEDLEWORK CLUB: Lu Eccles lueccles72@gmail.com 519 824 1538

Happy Easter to Everyone from the Activities Committee! Spring is here...

Barbara Moldenhauer & Linda Denny

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verndenny@gmail.com

Webmaster Committee

Members will continue to receive a link via email for our next meeting the day prior to the meeting to attend via Zoom. Feel free to log in at 10:00 a.m. for social time with your fellow PROBUS members. Our meeting will start at 10:30 sharp.

Judy Carrick

probusquelp133@gmail.com

PROBUS Management Team

Our goal is to provide Fellowship, Friendship and Fun for men and women in their retirement years. We are a volunteer-based, non-profit, non-sectarian fellowship group with over 4,000 clubs worldwide, 255 being Canadian clubs made up of over 38,000 members who are all about encouraging healthy minds and bodies and socializing with other retirees in the community.

You are welcome to join our energetic and enthusiastic Management Team. We are always looking for fresh ideas.

Many a Mickle Makes a Muckle

Whaaatt??? Read on.

Wouldn't it be a relief if this were the last pandemic wave! Who isn't tired of Zooming! However, during the past two years when many were in isolation, PROBUS members have been cooking together, singing together, reading and discussing books, touring gardens and so much more.

But there's a big BUT to all of this. Although the PROBUS committees continue to have fun and laugh a lot as we work together, the pandemic has caused extra work. It would be wonderful to have some new members joining us.

Let me be clear. We volunteer because we want to, and that's largely because you enjoy what we organize and you keep coming back for more. But there's more fun for you to have. Volunteer and find out!

Many a Mickle Makes a Muckle? An old Scottish adage used in this context to mean "Many hands make light work".

To inquire about volunteering, call Donna Sunter at 519 836 6082 or email her at donna.sunter@sympatico.ca or probusmembership@gmail.com

President; Fred Dawkins

Past President; Donna Sunter

First Vice-President; Kathryn Greenaway

Second Vice-President; Graham Ford

Treasurer; Judy Carrick

Secretary; Beth Harris

Membership Chair; Jacquie Geall-Seabrook

Program Chair; Kathy Stephens

Activity Co-Chairs; Barb Moldenhauer & Linda Denny

Speaker Support/Webmasters: David Churchill, Judy Carrick, Kathryn Greenway

House Committee Chair; Jarka Rasper

Newsletter Co-Editors; Ruth Slavin & Linda Yates

Newsletter Committee

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