



The PROBUS Club of Guelph and District

probus133@gmail.com

MARCH 2020

GENERAL MEETING - MARCH 11th, 2020

The meeting will start at 9:30 a.m.

Coffee & Cookies (including gluten free) at 9:00 a.m.

GREETERS: CAROL ANN JOHNSTON & MARION TAWSE

NOTE: Meetings of the PROBUS Club of Guelph & District are scent free.

Please respect our members who may have allergies or sensitivities.



PROGRAMMES

FEBRUARY 12th SPEAKER: ANDREA LeBLANC - "HOST OF MY LIVING ROOM LIVE" Andrea accompanied by her sister, Stephanie Grimes, entertained us all with their music and stories. It was a very well received programme.

MARCH 11th SPEAKER: SUSAN NASH - "THE FASTEST WAY TO GAIN BETTER HEALTH" Susan is the owner of Body Innovations, a holistic wellness movement-based company specializing in Pilates, Yoga, and Fascial Stretching. Her background education includes a B.A. in Chemistry from Florida Atlantic University and a B.S. in Medical Technology from the George Washington University. Along with her university education, Susan has extensive training in various fields of fitness training and rehabilitation. She will be introduced by Bob Reeve and thanked by Kathryn Greenaway.

APRIL 8th SPEAKER: TAUNI SHELDON - "60's SCOOP" Tauni was born to her Inuit parents from Nunavik; however, taken at birth as a Sixties Scoop baby. She was raised by her qallunaat (white people) parents in Milton, ON and has spent her lifetime reconnecting with her biological family while growing up in the "south."

ACTIVITIES

The **LUNCHEON GROUP** will be going to the Lucky Belly restaurant, 763 Woolwich Street North. Please contact Kathy Stephens if you are attending - kathyrobertstephens@gmail.com or 519-836-9665.

THE GATHERING will be held on Tuesday, March 17th at 5:15 pm in the Library at Arbour Trails. Come out and meet other members of PROBUS and celebrate **ST. PATRICK'S DAY**. Let Catharine know by Friday, March 13th - collpac@gmail.com or 519-823-9767.

STRATFORD TRIP to 'CHICAGO' - The Thursday, May 21st afternoon performance with dinner at The Parlour Inn is **SOLD OUT**. A short waiting list will be available to cover any tickets not able to be used. Contact Donna Sunter at donna.sunter@sympatico.ca

TRAVEL GROUP - For those interested in a night getaway with wine, sightseeing, cruising and fun, we are offering a Tour to Prince Edward County, Kingston and The 1000 Islands on **JUNE 29 AND 30, 2020**. Elaine Melito will be at our March 11th meeting to give you all the details. You can find the information on the PROBUS [website](#). Contact Elaine at 416-500-3224 or elaine@hnatravels.com.

JUNE 10th LUNCHEON AT CUTTEN FIELDS with SPEAKER REV. TOM WATSON - Come out and celebrate Spring! Bar open at 11:30; served lunch at 12:15; Price \$40.00. MENU: Garden greens Topped with Shaved Carrot, Cucumber and Grape Tomatoes, Ranch & Balsamic Vinaigrette, Kachumber Salad, Naan Bread, Basmati Rice, Chicken Stir Fry, Apple Tart with Creme Anglaise, Coffee & Tea. [Register online or at the next meeting.](#)

[Online June Lunch Registration](#)

MEMBERSHIP

Applications from the following people were approved at the March Management Committee meeting and they will be inducted at our regular March meeting: Jan and Bruce Cameron, Karin and Fred Dawkins, Marlene Mason and Nancy Mossip.

THE MANAGEMENT COMMITTEE

NOMINATION COMMITTEE REPORT: Please consider volunteering for one of the following Management Committee positions for 2020-21: **Vice-President, Membership, House Committee Co-Chair, Newsletter Co-editor and the new position of Promotion/Marketing.**

President: John Theis; Vice-President: Donna Sunter; Second Vice-President: Vacant; Past-President: Anne Bradley; Treasurer: Judy Carrick; Secretary: Beth Harris; Membership Chair: Heather Brighton; House Committee: Jarka Rasper & Anne Bradley; Programme Committee Chair: Kathy Stephens; Activities Committee Co-Chairs: Shirley Ann Holmes & Barb Moldenhauer; Speaker Support Committee Chair: David Churchill; March Newsletter Editor: Diane Harvey